NC Healthy & Resilient Communities Initiative

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**INITIATIVE GOALS**

**Develop**
- a unifying framework for initiatives working to address childhood adversity and promote resilience protective factors.

**Understand**
- define, and identify conditions for success related to community resilience outcomes.

**Co-create**
- capacity building supports for local systems-change initiatives working to promote health and resilience.
How do we get started?

- Invite
- Convene
- Set Goals
- Create Plan
Inviting

• Start with your champions.
• Don’t wait to start until everyone is there. You’ll never get started.
• Don’t forget to invite those who are most vulnerable and affected by the decisions you’re going to make and what you’re going to do.
• Those with “lived experience” should have decision-making power!
• Pay attention to who isn’t in the room and try to find out why.
Convening

• Pay attention to the how.
• Who will facilitate? Do they have convening skills? Are they able to de-escalate disagreements and build a trusting culture?
• Find time to connect and build relationships
• People are going to want to move fast – Set realistic expectations
Set Goals, Priorities

• What is it you all want to do? (4 Realms of ACEs)
• Conduct a Needs Assessment – interviews, do some surveys to prioritize your greatest needs.
• Make sure everyone feels like they had a voice in making the decision about what to do first. Build consensus.
• How will you measure your success?
• Now, Soon, Later
Figure 12
Version 1 of the NC Healthy and Resilient Communities Theory of Change for Local Collaboratives and Coalitions
Resources

- [www.resilientnorthcarolina.org](http://www.resilientnorthcarolina.org)
  - [Smart Start Community Indicators (shinyapps.io)](http://shinyapps.io)
  - Coalition Culture Survey
  - Glossary
  - Resources