

## Working for healthy, just, and resilient communities

April 21, 2022

The Honorable Patrick Leahy Chair Committee on Appropriations United States Senate Washington, DC 20515

The Honorable Rosa L. DeLauro Chair Committee on Appropriations United States House of Representatives Washington, DC 20515 The Honorable Richard Shelby Ranking Member Committee on Appropriations United States Senate Washington, DC 20515

The Honorable Kay Granger Ranking Member Committee on Appropriations United States House of Representatives Washington, DC 20515

Dear Senator Leahy, Senator Shelby, Chairwoman DeLauro, and Representative Granger:

As you develop the Fiscal Year 2023 appropriations bill, the Campaign for Trauma-Informed Policy and Practice (CTIPP) and undersigned individuals and organizations encourage you to support the mental well-being of our nation's youth by increasing the numbers of mental health professionals available to students and increasing the utilization of trauma-informed practices in our nation's schools.

The COVID-19 pandemic has been a widely traumatic experience for our youth. Toxic stress, loss, instability, and isolation have led to persistent feelings of sadness or hopelessness, an increase in suicidality, and overall poor mental health. In October of 2021, the American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry, and the Children's Hospital Association joined together to declare a National State of Emergency in Children's Mental Health.

Even as students have returned to in-person learning, unresolved trauma may still live in their bodies and threaten their ability to succeed academically, live healthy lives, and form positive relationships. It is imperative that schools support students' mental health and holistic well-being as it is the one place that nearly all youth in our country are served regularly.

School-based mental health professionals can play a vital role in supporting students' holistic well-being and readying the entire school to support healing and resilience. School-based mental health professionals have been proven to improve staff retention, help keep students in school, and promote learning environments where students feel safe, supported, and ready to learn.

In addition to addressing the shortage of school-based mental health professionals in our country, which was a problem even before the pandemic, introducing trauma-informed practices in schools is a key component of supporting students. The workforce shortage undermines the availability of high-quality services to support students and families, particularly in rural, underserved, under-resourced, and other hard-to-staff school districts. Therefore, in addition to adding school-based mental health professionals, entire school communities need to be trained and supported to integrate trauma-informed mental health services in schools. Trauma-informed schools help students and staff successfully address issues while improving the school's capacity to identify, refer, and provide mental health services to help students in

need. This two-part approach is necessary to support a positive school climate that benefits the students, their teachers, and all of the adults who are keeping schools functioning and safe at this time.

## Therefore, we request the Committee:

## I. Encourages the utilization of Trauma-Informed Practices.

Additionally, incorporating trauma-informed practices when addressing students' mental health needs has been proven to further improve student success, including the reduction of expulsions by 31 percent, suspensions by 40 percent, and negative behavior referrals by 83 percent<sup>12</sup>. By adopting a trauma-informed approach, mental health professionals can help the entire school community become better equipped to to recognize, understand, and respond to the learning needs and well-being of children impacted by the traumatic effects of the pandemic and other adversities.

As such, we request language to support trauma-informed practices in grant activities:

The Department encourages grant recipients to use trauma-informed practices in grant activities.

II. Provides \$1 billion for the Safe Schools National Activities Program to support the School-Based Mental Health Professionals Demonstration Grant and the School-Based Mental Health Services Program. This funding level is consistent with the President's budget request.

In FY 2022, Congress directed the Department of Education to set aside \$111 million to fund new awards for the School-Based Mental Health Professionals Demonstration Grant and the School-Based Mental Health Services Program, funded via Safe Schools National Activities.

Combined, these two competitive grants address the critical shortage of school-based mental health professionals in two distinct and essential ways: increasing the available workforce and helping districts support increased positions to improve access to services. Due to the critical needs of states and districts, increased federal funding for these two programs is vital.

## III. Provides continuing grants and new competitions for both grants.

We also urge the inclusion of report language, specifying the \$1 billion the Safe Schools National Activities Program to be divided between the Mental Health Services Professional Demonstration Grant Program and the School-Based Mental Health Services Grant Program to provide continuation grants to existing grantees and support new competitions so that even more schools can benefit from these programs:

With the goal of addressing the shortage of school-based mental health professionals in our nation's K-12 schools by expanding the pipeline of these professionals and improving districts' ability to recruit and retain these professionals, the Committee directs the Secretary to allocate \$500 million for the Mental Health Services Professional Demonstration Grant Program and \$500 million for the School-Based Mental Health Services Grants to increase the number of well-trained school counselors, school social workers, and school psychologists, or other mental health professionals qualified to provide school-based mental health services.

<sup>&</sup>lt;sup>1</sup> Bloomquist, T. (2018). Measuring progress of trauma-informed practices: Are we making a difference? Retrieved from tinyurl.com/gptic18

<sup>&</sup>lt;sup>2</sup> McInerney, M. & McKlindon, A. (2015). Unlocking the door to learning: TI classrooms & transformational schools. Retrieved from tinyurl.com/utdtla

Thank you for considering our request for inclusion in the U.S. Department of Labor, Health and Human Services, and Education bill. We are grateful for the leadership of Representatives Panetta, Payne, Jr., and Fitzpatrick in advancing this request.

We look forward to working with you to make sure students in every community are supported by healing-centered, resilience-focused, and trauma-informed approaches, practices, environments, and systems to reach their full potential.

Sincerely,

Jesse Kohler Executive Director Campaign for Trauma-Informed Policy and Practice

/s/

Louis Allen, Able Differently, Utah

Hollie Jeffery, ACE Institute, Mississippi

Bryan Clement, ACE Resource Network, California

Sarah Marikos, ACE Resource Network, California

Joy Thomas, ACE Resource Network, Pennsylvania

Rebecca MacKenzie, ACTS Now, New Hampshire

Guy Stephens, Alliance Against Seclusion and Restraint, Maryland

Qiyue Cai, Arizona State University, Arizona

Monica Gonzalez, Attachment & Trauma Network, Texas

Julie Beem, Attachment & Trauma Network, Inc., Georgia

Lana Lancaster, Auraria Recovery Community, Colorado

Ulysses Archie, Baltimore Gift Economy, Maryland

Heather Johns, Bethany Christian Services, Pennsylvania

Fimi Haddadian, Bluejack Kids, California

Steve Wagner, Bridge to Connection, Pennsylvania

Colleen Lelli, Cabrini University, Pennsylvania

Joyce Agne Jones, Cadence Cade Network, Ohio

Christine Brice-Nelson, Celebrating Healthy Communities, Colorado

Christine Mason, Center for Educational Improvement, Inc., Virginia

Dena Sneed, Center for Trauma Informed Innovation, University Health, Missouri

Andrea Dalton, Center for Trauma Informed Innovation; University Health Behavioral Health, Missouri

Lina Pasquale, Center for Trauma Resilient Communities/Crossnore, North Carolina

Kerrie Ackerson, CESA 10, Wisconsin

Christina Bethell, Child and Adolescent Health Measurement Initiative, Johns Hopkins University,

Marvland

Michael Flannery, Child Guidance Resource Centers, Pennsylvania

Marc Calica, Children are the Greatest, Pennsylvania

Jordan Posamentier, Committee for Children, Washington

Eric Kennel, Compass Mark, Pennsylvania

Beatriz Vides, Crossnore, Florida

Mariah Meads, District of Columbia Public Schools, District of Columbia

Michael Ritter, Domestic Violence Intervention of Lebanon County, Inc., Pennsylvania

Dr. Antoinette Myers Perry, Dominion Business Group LLC, Maryland

Sandra Bloom, Dornsife School of Public Health, Drexel University, Pennsylvania

Angela Lamson, East Carolina University, North Carolina

Julaine Field, Edinboro University and Golden Outlook Counseling, Pennsylvania

Laura Boyd, Family Centered Treatment Foundation, Oklahoma

Mariah Peralta, Family Counseling Service of the Finger Lakes, New York

Eugene Bereza Family Court/ Southern Ute Tribal Court, Colorado

Steve Minick, Family Services of NW PA, Pennsylvania

Jennifer Lopez, Friends Association, Pennsylvania

Beth Tyson, Grands Stepping Up, Pennsylvania

David Bunting, HEAL PA, Pennsylvania

Josh Feldblyum, HEAL PA, Pennsylvania

Liam Power, HEAL PA, Pennsylvania

Joanne Troutman, HEAL PA, Pennsylvania

Samuel Shovers, HEAL-PA, Illinois

Karen Gordon, Healthy Nevada Missouri

Anne Ness, Holistic Nursing Services, LLC, Minnesota

Bernadette Spooner Thompson, Hope Leadership Academy Charter School, Missouri

Kim Renninger, Hopeworx, Inc., Pennsylvania

Lauren Bell, International Society for Technology in Education, District of Columbia

Lisa Cushatt, Iowa ACEs 360, Iowa

Carolyn McDonald, Jefferson County Head Start, Colorado

Jessie Graham, Jessie Graham Coach and Consultant, Maine

Joyce Rogers, Joyce Rogers/Save the Children, Washington

Diane Wagenhals, Lakeside Educational Network, Pennsylvania

Scott Theurer, Lancaster County Recovery Alliance, Pennsylvania

Mary Dorman, Lancaster General Hospital, Pennsylvania

Kini-Ana Tinkham, Maine Resilience Building Network, Maine

Maureen Hallagan, Marillac St. Vincent Family Services, Illinois

Jamie Wehmeyer, MJM Consulting: Our Journeys Matter, Missouri

Adam Starks, MNDYRR Technologies, Inc., West Virginia

Patricia Demma Mohawk Valley, New York

Corrine Anderson-Ketchmark, National Association of Social Workers and School Social Work

Association of America, Washington

Leslie Paluch Treanor, National Parent Teacher Association, Virginia

Diana Fishbein National Prevention Science Coalition to Improve Lives, North Carolina

Rev. Paul Abernathy, Neighborhood Resilience Project, Pennsylvania

Dan Emerick, Neighborhood Resilience Project, Pennsylvania

Tina Pearson, New Hanover County Resiliency Task Force, North Carolina

Alan O'Malley-Laursen, Olmsted County Human Resources, Minnesota

Charlene Gladney, Operation Xcel, North Carolina

Jenna Quinn, PACEs Connection, Massachusetts

Carey Sipp, PACEs Connection, North Carolina

Katherine Hughes, Parent Child Trauma Resources, Massachusetts

Jean Sullivan, Partnerships in Prevention Science Institute, Iowa

Caren Rosser-Morris, Pennsylvania Department of Human Services, Pennsylvania

Maryann Mcevoy, Pennsylvania Governor's Office, Pennsylvania

Doris Arena, Pennsylvania Office of Mental Health and Substance Abuse Services, Pennsylvania

Kenneth Thompson, Pennsylvania Psychiatric Association, Pennsylvania

Bethanne Devine, Philadelphia Youth Sports Collaborative, Pennsylvania

Jared Miller, Phoenix Rescue Mission, Arizona

Sheila Johnson, Physical Sciences in Oncology Center at Penn, Pennsylvania

Holly Cunningham, Potential Inc., Pennsylvania

Linda Manaugh, Potts Family Foundation, Oklahoma

Roger Vest, Powder Springs First United Methodist Church, Georgia

Teresa Olsen, Prevent Child Abuse Pennsylvania, Pennsylvania

Kathy Saenz, LCSW, Private Practice, California

Jeff Ikler, Quetico Coaching, New York

Marsha Morgan, Resilience Builders, Missouri

Doty Shepard, Resilient Colorado, Colorado

Graham Palmer, Rural Opportunity Institute, North Carolina

Julio Sabater, PhD, Sabater Laboratory for Psychological Innovations Inc., Rhode Island

Mily Sabater, Sabaterlab, Rhode Island

Jody Johnson, Santiago Canyon College, California

Rebecca Chambers, Save The Children, California

Amy Marenick, School District of Lancaster, Pennsylvania

Stephanie M. Williams, Select Specialty Hospital, Mississippi

Sharlene Stewart, Shara's Hands, Pennsylvania

Kathleen Lisson , Solace Massage and Mindfulness, California

Melissa Williamson, South Texas Trauma-Informed Consortium, Early Childhood Sector, Texas

Sylvia Ortiz-Kennedy, Taking Control Counseling Services, Illinois

Lindsey Baker, TEAMCare Behavioral Health, Pennsylvania

Kim Myer, TEAMCare Behavioral Health, Pennsylvania

Marnie Aylesworth, The Pennsylvania Key, Pennsylvania

Beth Docherty, The Trust Project, Pennsylvania

Anna Kennedy, Touchstone Foundation: Youth Mental Wellness Services, Pennsylvania

Mandy Davis, Trauma Informed Oregon, Oregon

MaryLynn Hinde, Trauma Responsive Frederick, Maryland

Lisa Stone, Tri County Head Start, Colorado

Jonathan Rockoff, UNC Chapel Hill, North Carolina

Ashton Williams, UNC Chapel Hill- School of Social Work, North Carolina

Katie McClure, Uncommon Health Solutions, Colorado

Astrid Meijer, Unified Insight Consulting, Rhode Island

Roxanne Pendleton, University Health, Missouri

Ann Leinfelder Grove, Wellpoint Care Network, Wisconsin

Debra Berke, Wilmington University, Delaware

Audra B., Pennsylvania

Christina, Barte Illinois

Kendra Cable, Pennsylvania

Alison Cebulla, California

Lyss Chiampi, Illinois

Frank Curran, Pennsylvania

Michelle Dawson, Missouri

Elizabeth DuPrey, Connecticut

Michael Flaningam, Oregon

Tabitha Ferguson, Texas

Timothy Frie, Florida

Mia Fulson, Missouri

Tina Hahn, Michigan

Mirna Hardy, California

Ben Lannis, Pennsylvania

Kristine LeFevre, Vermont

Jennifer Leon, Florida

Allison Lowe-Fotos, Illinois

Courtney Loyd, Louisiana

Linda MacDougall, Maine

Jessica Martin, Massachusetts

Jamie Matthews, South Carolina

Ann McDonald, Colorado

Kaylene Merchant, Missouri

Stacy Moore, Virginia

Suzan Mullane, Alaska

Morgan Nash, Pennsylvania

Heidi Niebauer, Pennsylvania

Kori Nutter, South Dakota

Suzanne O'Connor, Pennsylvania

Aisha O'Malley, Missouri

Adriana Paez, Missouri

Eleanor Park, Pennsylvania

Laura Pinhey, Indiana

Elizabeth Prewitt, District of Columbia

Heather Proctor, Illinois

Adam Read, Pennsylvania

Dianxu Ren, Pennsylvania

Victoria Ren, Pennsylvania

Karen Rice, Pennsylvania

Colleen Rieger, Pennsylvania

Allison Romano, New York

Hillary Sawyer, Michigan

Autumn Schneider, Michigan

Charissa Scott, California

John Skelton, Georgia

Dena Sneed, Kansas

Gannon Sprinkle, Pennsylvania

Stephanie Stewart, North Carolina

Susanna Wallace, Indiana

Jim Walters, Washington

Gloria Wang, Pennsylvania

Rebecca Westling, Missouri

Virginia Winborne, North Carolina

Kimmy Wu, District of Columbia

Abhi Yarlagadda, Pennsylvania

Xinhua Zhao, Pennsylvania